

Carers in Hertfordshire Support Hub

Hemel Hempstead 2024

Where: South Hill Centre, Cemetery Hill,
Hemel Hempstead, Herts, HP1 1JF.

When: Second Wednesday of the month, 10am - 11.45am.
Please contact us to book a place to attend.

A community for family and friend carers

Meet other people providing unpaid care or help to a partner, relative or friend who is ill, disabled, elderly or misuses substances, and find out about the support available near you.

10th Jan	14th Feb	13th March	10th April	8th May	12th June
10th July	14th August	11th Sept	9th October	13th Nov	11th Dec

We organise a programme of speakers and activities as requested and one of our Carer Support Advisors attends three meetings a year to provide one to one information or advice. Find out more about what is planned on the listing for each meeting on our website at www.carersinherts.org.uk/events or contact us.

Meeting details may change and we advise checking with us before attending.

**To contact us you can call 01992 58 69 69,
email contact@carersinherts.org.uk
or visit www.carersinherts.org.uk**

Supported by



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Community Grants



Hertfordshire and
West Essex Integrated
Care System



Carers
in Hertfordshire

charity registration number 1085491

Making Carers Count