

Name:

DOB:

NHS:

Below are four questions which will assist GPs/ Primary care clinicians to determine if the service user warrants an ADHD diagnostic assessment.

1) Why do you believe that the service user has a diagnosis of ADHD?

Please give details below highlighting evidence of typical manifestations of ADHD (hyperactivity/impulsivity and/or inattention) that:

- *are not explained by other psychiatric diagnoses (although there may be other coexisting psychiatric conditions)*
- *have resulted in or are associated with moderate or severe psychological, social and/or educational or occupational impairment.*

Examples of symptoms

Inattention domain

Hyperactivity domain

Impulsivity domain

2) How is the service user's daily life impacted due to ADHD? *Please give details below. (Please note that mild impairment despite the symptoms does not warrant a detailed diagnostic assessment)*

- 3) Does the service user have any history of ADHD diagnosis or significant ADHD symptoms during their childhood? *Please give further evidence below. (ADHD is a developmental disorder, it's believed it cannot develop in adults without it first appearing during childhood.)*

- 4) Does the service user have any current presentation of Alcohol or Illicit Substance misuse? *Please give further details below (Whilst substance use can coexist with ADHD, evidence of substance / alcohol dependence or harmful use should lead to the management of substance use disorder before considering a referral for ADHD diagnostic assessment,*